

Oral Anxiolysis Instructions for Patients

You have elected to have oral anxiolysis for your dental procedure. The medication that you will take will make you less apprehensive and sleepy. You will not be unconscious at any time during the procedure. Local anesthetics will still be used to control pain in your mouth during the procedures performed. As a result of the drug that you will be taking, certain precautions must be observed.

1. Advise us of any medications or pills you are taking or any changes in your health. Do not take any medications without our knowledge and approval.
2. You may eat a light meal prior to your procedure and drink your normal amount of fluids. No alcoholic beverages should be consumed 24 hours prior to taking your prescribed medication for the procedure.
3. FEMALES: If there is any possibility of pregnancy, or if you are trying to become pregnant, this drug must not be taken as it has been linked to fetal abnormalities. Please advise us of your condition.
4. Wear loose, comfortable clothing with either short sleeves, or sleeves that can be easily drawn up past your elbow to allow for placement of the monitoring equipment. Do not wear nail polish or artificial nails for the same reason.
5. If you wear CONTACT LENSES, do not wear them on the day of your procedure.
6. You MUST be accompanied by an adult who can drive you to your dental appointment, and arrange for responsible supervision for several hours after your dental appointment. You will not be allowed to drive or take public transportation. THE ESCORT MUST BE PRESENT AT THE START OF YOUR PROCEDURE AND BE ABLE TO TRANSPORT YOU HOME IMMEDIATELY AFTER YOUR APPOINTMENT.
7. You may be asked to sign some consent forms when you arrive with your escort prior to the procedure. After all preoperative forms are completed, you will be instructed to take your anxiolytic medications and remain with your escort in the waiting area for ~ 30 min prior to the start of treatment.
8. Full mental alertness will not return for several hours and you should limit activities that require your full concentration. You will not be able to:
 - a. Drive an automobile, handle a firearm, or operate machinery
 - b. Undertake business matters
 - c. Drink alcoholic beverages
9. Please arrive with your escort 30 minutes prior to your appointment time.